

The developing evidence base for palliative and neurological patients

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Disclosures

- **I have no disclosures**

Learning objective 1

To understand the role of palliative care for people with neurological disease

- **Palliative care is holistic care of patient and family**
- **Palliative care is part of neurological care**
- **Specialist palliative care may help with more complex issues**
- **Palliative care will be appropriate at different times in disease progression**
 - **According to need, not prognosis**

Learning objective 2

To understand the evidence base showing the effectiveness of palliative care for neurological patients

- **There is evidence of the effectiveness of palliative care for people with advanced illness**
- **There is evidence of the effectiveness of palliative care for people with neurological disease**
 - **Symptoms**
 - **Quality of life**
 - **Carer burden and support**

Learning objective 3

To be able to demonstrate the role and involvement of palliative care for neurological patients

- **Careful and regular assessment of patient and family needs and issues**
- **Palliative care is part of the wider multidisciplinary team care**
- **Specialist palliative care may be helpful if there are more complex issues**
 - **Symptoms**
 - **Psychosocial / spiritual issues**
 - **Ethical issues**

Key messages

- **Palliative care has a role to play from the point of diagnosis**
- **Everyone should be involved with palliative care**
- **Specialist palliative care**
 - **Advice and support**
 - **Complex issues**
- **End of life care is an important part of palliative care but only one aspect of the care provided over time**
- **Multidisciplinary team approach is essential**

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